



DIANI BEACH HOSPITAL

Well Woman Assessment I:

- Review of family and personal history.
- Complete physical examination (Blood Pressure, BMI, systemic examination).
- 12-lead ECG. (high-risk individuals)
- Breast Self Examination techniques.
- Eye tests can be arranged where needed.
- X-ray of chest.
- Laboratory studies:
 1. Complete Haemogram.
 2. Blood grouping and typing.
 3. Erythrocyte Sedimentation Rate.
 4. Fasting and post-prandial blood sugars.
 5. Lipid profile.
 6. Liver function tests.
 7. Kidney function tests.
 8. Serum Amylase.
 9. Electrolytes.
- Urinalysis – Routine and microscopy.
- Stool analysis.
- Stool for occult blood.
- Ultrasound of pelvis (if requested).
- High Vaginal Swab.
- Pap smear.
- Complete written report with recommendations.